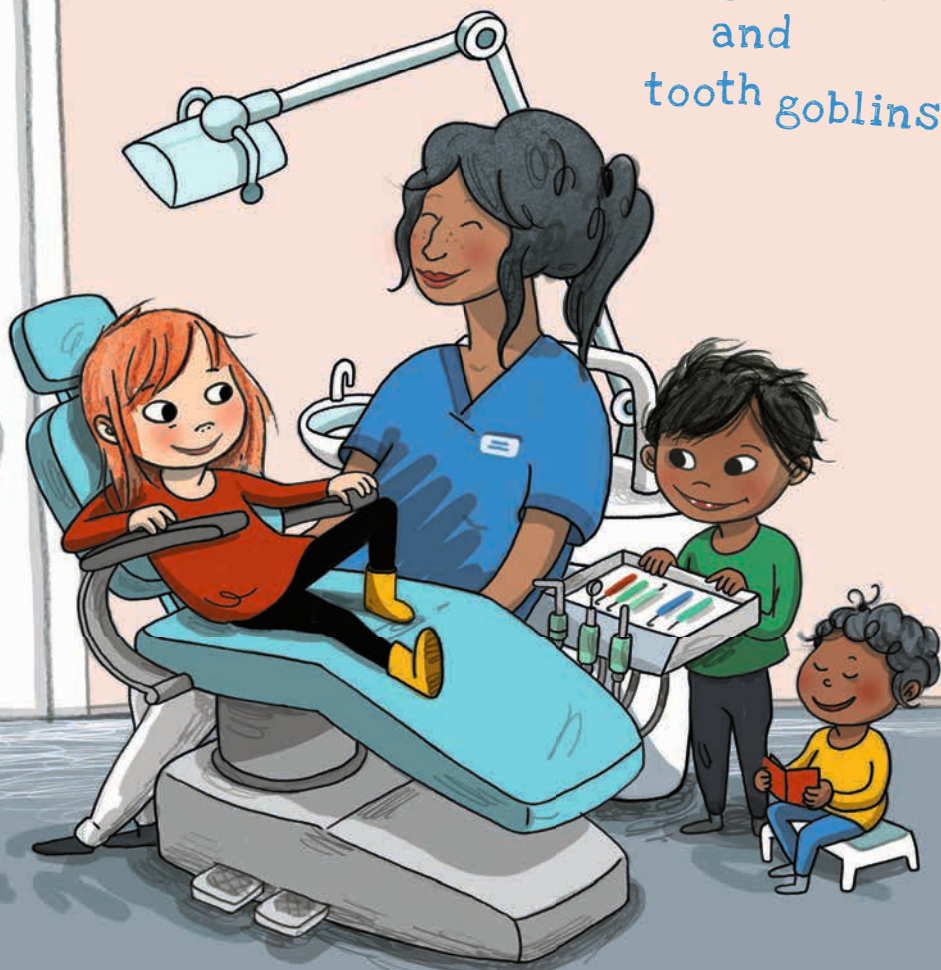


SAGA & FACTS ABOUT TEETH

Saga STORIES

Strong teeth
and
tooth goblins



Josefine Sundström Emma Göthner

BONNIER
CARLSEN



THANK YOU
to The Public Dental Service in
Sweden and Karolinska Institutet
for their dedication and expertise
in developing this book!



NOTE

Brushing your teeth every day is important if you want to keep the tooth goblins away. To keep your teeth healthy for a long time, it's also important to let them chew on good food.

The book *Strong teeth and tooth goblins* has been developed in collaboration with the non-profit organizations Generation Pep and The Swedish Cancer Society.

Generation Pep works to spread knowledge and create a commitment to the health of children and young people. The Swedish Cancer Society works to create a health-promoting society and better public health – so that fewer people are affected by cancer.

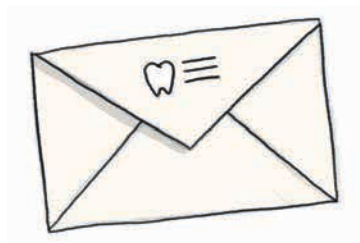
With this book, we want to spread the joy of reading and knowledge about how the teeth are connected to the rest of the body. It provides tips on how to take care of your teeth, and what foods your teeth and body need to stay healthy.

Generation Pep, The Swedish Cancer Society, Bonnier Carlsen, Josefine Sundström and Emma Göthner

Generation Pep was initiated by The Crown Princess Couple. The initiative is backed by non-profit organizations, foundations and leading Swedish companies.







Saga got a letter. It says she's welcome to the dentist. A quarter past one on Friday, Saga Louisa Larsson has an appointment with the dentist Leila.

Saga already knows the dentist Leila. She lives in a happy house at Solrosvägen, just like Saga. When Leila isn't at work checking out teeth, she's the mum of Saga's friend Samir and his siblings.

Imagine, Samir's mum is a dentist. And Saga's going to visit her at work!



When it's Friday and time to go to the dentist,
Saga's dad picks her up early at the kindergarten.
Just after lunch, he's standing in the coatroom,
waving. Saga's not the only one being picked
up early today. Dad will also bring Samir
and his little sister Joline to the
dentist's office.



Saga's happy that Samir and Joline will come with her to the dentist. Afterwards, they're going to play together at Samir's home.

Dad brought soup bubbles for them to blow while waiting for the bus. Joline grabs the can and won't let Saga or Samir blow.

"Look, ubble!" she calls happily from her pram when a bubble floats away.



The dentist's office is in a building near the bus square. The house has big, heavy doors and wide stone staircases. Samir gets to push the lift button and Saga's belly tickles when the lift starts to rise. It's all very exciting.





When they step out of the lift, they approach a counter that looks like a kiosk and explains that Saga is here to meet a dentist named Leila.

The man behind the counter tells them to sit down and wait for a bit.

In the waiting room, there are sofas and some chairs. Some people are already waiting. On the walls are pictures of happy mouths and teeth. There's also a children's corner with building blocks, books, and a few cars.



The children's corner looks like fun, but Saga wants to remain with Dad. She gets jittery waiting in the waiting room and feels a bit shy among all the new people.

